



July 24th - July 30th

Monday July 24th

Breakfast

Quiche
Malt O Meal

Lunch

Chicken Salad Pita
Pocket
Veggie Pita
Potato Salad
Vegetables *GF*

Dinner

Country Fried Steak
Mashed Potatoes *GF*
Vegetables *GF*

Soup

Greek Lemon Chicken
Soup
Corn and Green Chili

Tuesday July 25th

Breakfast

Breakfast Enchiladas
Cream of Wheat

Lunch

Cuban
Grilled Vegetable
Sandwich
Baked Potato Wedges
GF
Vegetables *GF*

Dinner

Spaghetti
Vegetables *GF*

Soup

Tomato Tortellini
Soup
Minestrone

Wednesday July 26th

Breakfast

Bread Pudding
Oatmeal

Lunch

Pho Bar
Dim Sum

Dinner

Chicken Casserole
Vegetables *GF*

Soup

Garden Vegetable
Beef and Barley

Thursday July 27th

Breakfast

Biscuit Sandwich
Grits
Hard Boiled Eggs

Lunch

Flat Iron Steaks *GF*
Baked Sweet potatoes
GF
Vegetables *GF*

Dinner

Asiago Chicken
Mashed Potatoes *GF*
Vegetables *GF*

Soup

Tomato Mushroom
Barley
Split Pea with Ham

Friday July 28th

Breakfast

Turnovers
Malt O Meal

Lunch

BBQ Pulled Pork
Scalloped Potatoes
Vegetables *GF*

Dinner

Baked Ziti
Vegetables *GF*

Soup

Vegan Red Lentil Soup
GF
Italian Sausage Soup *GF*

Saturday July 29th

Breakfast

Waffles
Cream of Wheat

Lunch

Sesame Chicken
Jasmine Rice *GF*
Stir Fry Vegetables
GF

Dinner

Pork Chops *GF*
Roasted Potatoes *GF*
Vegetables *GF*

Soup

Chefs Choice Soup

Sunday July 30th

Breakfast

Biscuits and Gravy
Oatmeal
Hard Boiled Eggs

Lunch

Pork Loin *GF*
Baked Potatoes *GF*
Vegetables *GF*

Dinner

Beef Brisket
Mac and Cheese
Vegetables *GF*

Soup

Chefs Choice Soup

*Items are subject to change upon availability