



November 13th - November 19th

Monday November 13th

Breakfast

Quiche
Vegetable Quiche
Cream of Wheat

Lunch

Gyros
Falafel *GF*
Sour Cream Chive Wedges
Roasted Tomatoes and
Mushrooms *GF*

Dinner

Black Bean Burritos
Vegetables *GF*

Soup

Artichoke Chicken
Florentine

Black Bean *GF*

Tuesday November 14th

Breakfast

Waffles
Oatmeal

Lunch

Sesame Chicken *GF*
Jasmine Rice *GF*
Dim Sum
Stir Fry Vegetables *GF*

Dinner

Chicken Alfredo
Pasta
Vegetables *GF*

Soup

Tuscan Sausage and
bean

Tomato Bisque *GF*

Wednesday November 15th

Breakfast

Biscuits and Gravy
Malt O Meal
Hard Boiled Eggs *GF*

Lunch

Employee Thanksgiving
Meal

Dinner

Employee Thanksgiving
Meal

Soup

Broccoli Cheese *GF*

Chicken Tortilla *GF*

Thursday November 16th

Breakfast

Breakfast Burritos
Grits

Lunch

Chicken Marsala
Pasta
Asparagus *GF*

Dinner

Flat Iron Steaks *GF*
Mashed Potatoes *GF*
Vegetables *GF*

Soup

Bean and Ham

Vegetable Minestrone

Friday November 17th

Breakfast

French Toast Casserole
Cream of Wheat

Lunch

BBQ Pulled Pork
Sandwiches
House Chips *GF*
Broccoli *GF*

Dinner

Greek Penne and Chicken
Vegetables *GF*

Soup

Butternut Bisque *GF*

Steak and Ale

Saturday November 18th

Breakfast

Eggs Benedict
Oatmeal

Lunch

Chili Rellanos
Beans *GF*
Rice *GF*
Corn *GF*

Dinner

Italian Meatballs
Pasta
Vegetables *GF*

Soup

Chefs Choice Soup

Sunday November 19th

Breakfast

Pancakes
Malt O Meal

Lunch

Baked Potato Bar *GF*
Chili *GF*
Vegetables *GF*

Dinner

Fish Tacos
Beans *GF*
Rice *GF*
Corn *GF*

Soup

Chefs Choice Soup

*Items are subject to change upon availability