



# SHOP with a DOC!

8 a.m. **Saturday**  
**November 18**  
at **City Market** in Rifle

Learn about healthy  
food choices

Meet Grand  
River's newest  
provider,  
Dr. McGrogan



Shop for a food drive to  
benefit those in need!

Limited to first 10 shoppers

Presented by:

**City Market**<sup>®</sup>

grand river **Health**

walk WITH a  
DOC