



February 5th - February 11th

Monday February 5th

Breakfast

Denver Omelet Bake
Veggie Omelet Bake
Malt O Meal

Lunch

Honey Dijon Pork
Tenderloin *GF* ♥
Parmesan Herb Roasted
Red Potatoes *GF* ♥
Broccoli *GF* ♥

Dinner

Meatloaf
Mashed Potatoes *GF*
Vegetables *GF* ♥

Soup

Split Pea with Ham Soup
Wisconsin Cheddar Soup

Tuesday February 6th

Breakfast

Waffle Bar
Cream of Wheat

Lunch

Pasta Primavera
Chicken Pasta
Primavera
Green Beans *GF* ♥
Bread Sticks

Dinner

Lemon Butter Cod *GF* ♥
Rice Pilaf *GF*
Vegetables *GF* ♥

Soup

Red Pepper and Smoked
Gouda Soup
Buffalo Chicken Soup

Wednesday February 7th

Breakfast

Monkey Bread
Grits
Hard Boiled Eggs *GF* ♥

Lunch

Flank Steak with
Orange Relish *GF* ♥
Asparagus *GF* ♥
Baked Potato Bar *GF*

Dinner

Flat Iron Steaks *GF* ♥
Mashed Potatoes *GF*
Vegetables *GF* ♥

Soup

Vegetable Lumberjack
Soup
Vegetable Beef Barley
Soup

Thursday February 8th

Breakfast

Mushroom Spinach Swiss
Egg White Frittata *GF* ♥
Oatmeal ♥

Lunch

Chicken Marsala
Pasta
Roasted Brussels
Sprouts *GF* ♥
Dinner Roll

Dinner

Lasagna
Vegetables *GF* ♥

Soup

Tomato Bisque Soup
Corn and Green Chili
Soup

Friday February 9th

Breakfast

Sausage Egg and Cheese
English Muffin Sandwich
Brown Sugar Malt O Meal

Lunch

Veggie/Chicken/Beef Pot
Pie
Mixed Vegetables *GF* ♥

Dinner

Sloppy Joes
Potato Wedges *GF* ♥
Vegetables *GF* ♥

Soup

Bean and Ham Soup
Corn and Roasted Red
Pepper Soup

Saturday February 10th

Breakfast

Breakfast Burrito
Cream of Wheat

Lunch

Bruschetta
Chicken/Salmon *GF* ♥
Roasted Broccoli *GF* ♥
Parmesan Basil Orzo

Dinner

Pork Tenderloin *GF* ♥
Baked Sweet Potato *GF* ♥
Vegetables *GF* ♥

Soup

Chefs Choice Soup

Sunday February 11th

Breakfast

Ham and Cheese
Croissant
Grits

Lunch

Flat Iron Steaks *GF* ♥
Sweet Potato Mash *GF*
Sautéed Mushrooms
and Green Beans *GF* ♥

Dinner

Swedish Meatballs
Pasta
Vegetables *GF* ♥

Soup

Chefs Choice Soup