

Menu for November 5th - 11th

Monday Nov 5th

Breakfast

Waffle Bar Cream of Wheat

Lunch

BBQ Glazed Pork GF Quinoa Stuffed Mushroom Garlic Butter Potatoes GF Grilled Zucchini GF

Dinner

Baked Ziti Vegetables GF

Soup

Chicken and Dumplings Black Bean

Tuesday Nov 6th

Breakfast

Monkey Bread Hard Boiled Eggs GF Grits

Lunch

Beef Stroganoff Vegetarian Stroganoff Pasta Parmesan Broccoli GF Garlic Bread

<u>Dinner</u>

Oven Fried Pork Loin Roasted Potatoes GF Vegetables GF

Soup

White Bean and Ham Corn and Green Chili Bisque

Wednesday Nov 7th

Breakfast

Mushroom Spinach Swiss Egg White Frittata GF Oatmeal

Lunch

Pecan Crusted Chicken Thighs GF Whole Grain Apple Cranberry Stuffing Roasted Brussel Sprouts GF

Dinner

Veggie Pasta Turkey Bake

Soup

Fire Roasted Vegetable Loaded Potato

Thursday Nov 8th

Breakfast

Sausage Egg and Cheese English Muffin Sandwich Brown Sugar Malt-O-Meal

Lunch

Cheesy Taco Lasagna Vegetarian Stuffed Pepper GF Spanish Rice GF Vegetables GF

Dinner

Chicken Spinach Skillet Pasta Vegetables GF

<u>Soup</u>

Chicken Heartland Wisconsin Cheese

Friday Nov 9th

Breakfast

Breakfast Burrito Cream of Wheat

Lunch

Spaghetti Meatballs Green Beans GF Garlic Parmesan Breadstick

Dinner

Goulash Vegetables GF Corn Bread w/ Butter

Soup

Vegetable Beef Barley Tomato Florentine

Saturday Nov 10th

Breakfast

Ham and Cheese Croissant Spinach Feta Croissant Grits

Lunch

Chicken Philly House Chips Vegetables GF

<u>Dinner</u>

Greek Chicken Rice GF Vegetables GF

Soup

Chef's Choice

Sunday Nov 11th

Breakfast

Strawberry Peach Baked
Oatmeal
Cream of Wheat

Lunch

Pot Roast GF
Mashed Potatoes GF
Gravy
Roasted Carrots GF

<u>Dinner</u>

Shredded Green Chili Beef Vegetables GF

Soup

Chef's Choice

Healthy Holiday Options

GF - Gluten Free

*Items are subject to change upon availability.