



### Virginia "Ginny" Weathers, MD FACOG

Dr. Weathers attended Louisiana State University in Baton Rouge, LA and then completed medical school in 2008, also at Louisiana State University Health Sciences Center. Dr. Weathers completed her Obstetrics and Gynecology residency at Parkland Memorial Hospital UT Southwestern in Dallas, TX and became a Fellow of the American Board of Obstetrics and Gynecology in 2014. Dr. Weathers practiced as an OB/GYN in Houston until 2018. Dr. Weathers offers a full scope of gynecological services including surgery, adolescent gynecology, contraception, endometriosis, menstrual problems, amongst many other conditions.

Dr. Weathers credits her success with her patients on practicing evidence based medicine and, being a great listener. "I try to understand the whole patient and ask the right questions. Being a physician encompasses so much more than treating symptoms. I also enjoy working with patients on a healthy lifestyle, citing even small, simple changes can make a huge difference in overall health."

Dr. Weathers is certified by The American Board of Obstetrics and Gynecology and has a practice focus designation in pediatric and adolescent gynecology.

She lives in Carbondale with her husband, Will, two daughters and their dog Tucker. In her spare time she loves hanging out with her family and friends, biking around town, live music and indulging in good food.



501 Airport Rd, Rifle, CO

[grandriverhealth.org](http://grandriverhealth.org)

970.625.1100



Adolescent Gynecology Services

## Adolescent Gynecology Services

A provider attuned to young patients can significantly impact girls' early establishment of a healthy lifestyle. The American College of Obstetricians and Gynecologists suggests an initial gynecologist visit for girls between 13 and 15, addressing common health concerns tied to adolescence. *A pelvic exam typically is not needed at this time unless the patient is experiencing abnormal symptoms of some kind.*

Here are several reasons to consider Grand River Health for adolescent gynecological care:

**Expertise in Adolescent Health:** Our providers are well-equipped to address the unique needs and concerns of teenagers. They understand the physical, emotional, and developmental aspects specific to this age group.

**Safe and Comfortable Environment:** We strive to create a safe and comfortable environment, as it helps ease any anxiety that adolescents may have about gynecological care. A welcoming atmosphere can promote trust and open communication.

**Age-Appropriate Communication:** our providers have effective communication skills and an understanding of how to communicate with adolescents. They can explain medical concepts in an age-appropriate and clear manner, encouraging questions and addressing concerns.

**Empathy and Sensitivity:** Adolescence is a time of significant change and emotional growth. Grand River Health's providers demonstrate empathy, understanding, and sensitivity towards the unique challenges adolescents face, building trust and rapport.

**Comprehensive Services:** Grand River Health offers a comprehensive range of services tailored to adolescents including routine check-ups, vaccinations, sexual health education, menstrual health, contraceptive counseling, and management of complex conditions.

**Collaborative Approach:** We believe parents or guardians, in a collaborative and supportive manner, while also respecting the privacy and autonomy of the adolescent, can enhance the overall care experience.

**Coordination with Pediatricians and Primary Care Providers:** Our providers collaborate effectively with pediatricians and primary care providers and ensure a seamless transition of care for a holistic approach to adolescent health.



Dr. Weathers specializes in providing care for kids and teens from age 10 through adulthood.

As the only pediatric and adolescent gynecology provider on the Western Slope, she can treat most conditions of the adolescent reproductive system.

**Accepting new patients.  
Call 970.625.1100  
for an appointment.**



### Conditions we evaluate and treat

Preventive health and guidance for children, teens and young adults.

Kids and teens with hormonal conditions, including polycystic ovary syndrome

Adolescents with concerns regarding their menstrual periods:

- Heavy or irregular menstrual periods
- Amenorrhea (absent menstrual periods)

Adolescents with concerns regarding pelvic pain:

- Dysmenorrhea (painful menstrual periods)
- Endometriosis (painful periods due to a chronic medical condition)

Contraception consultation and complex contraceptive management

Sexually transmitted Infection (STI) testing and treatment

Any other sexual health concerns.