

Grapefruit Mint Kombucha Mocktail



Ingredients

1 grapefruit, juiced
Juice of 1 lime +
additional lime wedges/
circle for serving
6-8 mint leaves + 2
sprigs for serving
8 ounces Original
Healthade Kombucha
(or your favorite brand)
Le Croix (or other
brand) Grapefruit
Seltzer (1 can is more
than you need for 2
mocktails)

Directions

1. In a cocktail shaker, add juice from grapefruit and lime. Add mint and muddle with a cocktail muddler or pestle from a mortar and pestle set. If you don't have either, just chop the mint into large pieces. Shake all together.
2. Add ice to 2 cocktail glasses. Pour 4 ounces of kombucha in each glass. Then add half of the juice mixture to each glass.
3. Finish with seltzer (about 2-4 ounces, amount to your liking) and add optional mint sprig and lime wedge for serving.

Nutrition Facts

Serving:	1 drink
Calories:	66
Carbohydrates:	15 g
Protein:	0.5 g
Fat:	0.5 g
Sodium:	1.5 mg
Fiber:	0.5 g
Sugar:	12.5 g